



Packing for a winter Adventure Learning Vacation

Although the average high for Ely in January is 20°F, the average low is 3°F. Even though it does get cold outside, you can stay warm. The best approach to staying warm in varying temperatures is by layering your clothing.

Multiple layers of clothes allow you to take off layers as you heat up while being active outside. Bringing along extra layers can also prepare you for sudden changes in weather. Wool or winter synthetic clothing will keep you dryer and warmer than cotton. Cotton clothing loses its ability to keep you warm when wet or damp.

A windproof outer layer will block the heat-robbing wind and keep you much warmer. It is best to avoid clothing that is too tight because it tends to cut off your circulation. With reduced blood flow, your extremities will be colder. This is especially important with boots.

Suggested Packing List

- Warm socks (wool, not cotton)
- Long underwear (not cotton)
- Warm winter boots with removable liners
- Warm hat and mittens
- Extra hat and mittens
- Wind breaker
- Windpants and/or snowpants
- Warm fleece jacket(s) and/or winter coat
- Warm sweaters
- Toiletries
- Sunglasses (for snow glare while outside)
- Water bottle, leakproof
- Daypack or fanny pack (large enough to carry water and extra clothing)
- Travel alarm clock
- Camera, extra film or disk, extra batteries
- Journal

Rental Clothing

Rental winter clothing (anorak jacket and fleece liner) is available for a fee on a limited basis from Wintergreen Designs. If you would like to rent clothing, please contact Wintergreen Designs directly at 218-365-6602.

Rental winter boots are also available for a fee from White Wilderness Sled Dog Adventures. A limited number of children's and adult's sizes are available (including a size 15!). Please contact White Wilderness directly at 218-365-6363.

Arrangements for boots and clothing should be made at least two weeks prior to the program and typically require you to pick them up.